

*Note - All times need to factor in race distance accuracy, difficulty of the course, and weather.										
*All Times noted from 2015 to Present					*All times noted from 1997 to present.					
Top 5K Girl Times					Top 5K Boy Times					
1	Sarah Perez	20:23.26	Sib-O - Conference	2018	1	Kevin Myrlie	16:14	HBC	2003	1
2	Ambria Knobloch	20:53.94	Sib-O - Conference	2018	2	Blair Lawton	16:39	Sheldon	2001	2
3	Karie Klingensmith	21:20	Sibley-Ocheydan	2017	3	Micah Bajema	16:39	Sibley	2013	3
4	Talia Knobloch	21:37	West Lyon	2016	4	Jason Ranschau	16:45	Sheldon	2001	4
5	Amanda Wiltgen	22:03.68	Sib-O - Conference	2018	5	Andrew Scholten	16:48	Hawarden	1998	5
6	Emma Knobloch	22:19:16	Sib-O	2020	6	Kalyn Langenhorst	16:53.58	Sib-O - Conference	2018	6
7	Geena Snyders	22:41.68	Sioux Center	2019	7	Henry Bosler	16:55	Sheldon	2009	7
8	Sadie Feucht	22:45:81	Districts - Unity	2019	8	Eric Kerkvliet	16:58	Hawarden	1998	8
9	Megan Blauwet	23:16:00	Districts (WS)	2015	9	Lucas Teunissen	16:58	Meadow Acres - Conference	2007	9
10	Jordyn Kramer	23:17	Unity	2017	10	Mark Hoogendoorn	16:58	HBC	2003	10
11	Shay Langenhorst	23:26:16	Unity	2021	11	Brent Hoogendoorn	16:58	West Lyon	2006	11
12	Annie Metzger	23:27:03	Unity	2021	12	Austin Bruggemen	17:00	West Lyon	2006	12
13	Madison Feikema	23:33:74	Unity	2021	13	Connor Blom	17:03	State	2011	13
14	Malison Rentschler	23:46:44	Sheldon	2021	14	Louis Castillo	17:06	West Lyon	2011	14
15	Jamie Moser	23:53.49	Sib-O (Later)	2018	15	Chase Bruggeman	17:12	State	2011	15
16	Andraya Bahnson	24:08.92	Sib-O - Conference	2018	16	Jordan Kerkvliet	17:15	Holstein	2010	16
17	Grace Rens	24:25:00	Western	2015	17	Kirk Moser	17:20:8	State	2019	17
18	Ella Leuthold	24:31:07	George	2021	18	Travis Snyders	17:33	West Lyon	2007	18
19	Randi Childress	24:33:14	Unity	2021	19	Kyle Standley	17:46	State	2011	19
20	Anne Hoogendoorn	25:42:45	Unity	2021	20	Henry Bosler	17:48	State	2009	20
21	Johannah Boote	25:53:27	Unity	2021	21	James Dubbledee	17:49	State	2012	21
22	Caitlin Harkness	26:39:00	West Sioux	2015	22	Sam Meester	17:49:60	Sioux Center (Conference)	2021	22
23	Gianna Klarenbeek	27:12:18	Unity	2021	23	Nick Bruggeman	17:52	Sibley	2015	23
24	Kiann Blomgren	27:37:95	Unity	2021	24	Eric Ahrendt	17:54	West Lyon	2006	24
25	Mallorie Mogler	28:42.34	Sioux Center	2019	25	Benedikt Marche	18:02	HBC	2003	25
26	Kendra Van Regenmorter	31:45:86	Sioux Center	2021	26	Thomas Johnson	18:03	West Lyon	2013	26
					27	Chris Knoblock	18:03	West Lyon	2000	27
					28	Cory Kerkvliet	18:07	Western	1997	28
					29	Darren Blauwet	18:25:00	Western	2015	29
					30	Luke DeVries	18:30	Meadow Acres	1999	30
					31	Aaron Kerkvliet	18:30	George	2005	31
					32	Tate Blankespoor	18:32	West Lyon	2013	32
					33	Nick Leloux	18:34	West Lyon	2006	33
* All times noted from 2002 - 2014										
Top 4k Girl Times										
1	Teresa Scholten	14:16	Okoboji-Conference	2004						
2	Teresa Klarenbeek	15:28	Sheldon	2009						

3	Kendra Gerber	15:36	Sibley	2008	34	Jordan Schettler	18:39	West Sioux	2002	34
4	Breann Rozeboom	15:42	West Lyon	2006	35	Deyvi Dominguez	18:40:33	Districts - Unity	2019	35
5	Samantha Teunissen	16:00	Okoboji - Conference	2004	36	Mike Bonander	18:41	Okoboji	1998	36
6	Karen Hoogendoorn	16:01	Holstein	2003	37	Devon McMartin	18:45	West Lyon	1999	37
7	Brittany Sehr	16:27	Okoboji-Conference	2004	38	Ben Feucht	18:46	State	2012	38
8	Becky Kippley	16:33	Okoboji-Conference	2004	39	Scott Metzger	18:49	West Lyon	1997	39
9	Karie Klingensmith	16:36	Luverne	2014	40	Mark Bonnema	18:53	George	2000	40
10	Betsy Van Ginkel	16:47	Okoboji	2002	41	Christian Bouwman	18:59	State	2012	41
11	Abby Viereck	16:56	Sibley	2008	42	Eli Harkness	19:05:00	West Lyon/Districts@Holstein	16/20	42
12	Ashlee Eiesland	17:00	West Lyon - Conference	2007	43	Justin Mulenburg	19:11	State	2011	43
13	Hailey Bruggeman	17:00	Sibley	2008	44	Angel Castillo	19:19	Holstein	2014	44
14	Aszhia Albrecht	17:07	Sibley-Conference	2013	45	Johnny Perez	19:28.45	Sib-O - Conference	2018	45
15	Alyssa Van Veldhuizen	17:09	Sibley-Conference	2005	46	Kerrick Knoblock	19:37	Holstein	2014	46
16	Brittany Leloux	17:10	Okoboji-Conference	2004	47	Lee Dubblede	19:44	West Lyon	2014	47
17	Grace Rens	17:23	Sibley	2013	48	Tayton Knoblock	19:49:29	Unity	2021	48
18	Hope Bosler	17:39	Sibley-Conference	2013	49	Logan Bruggeman	19:50	Holstein	2014	49
19	Jamie Pedersen	17:42	Sheldon	2009	50	Erik Haugland	19:51	West Lyon	1997	50
20	Kaysha Blomgren	18:01	Western	2014	51	Tanner Boote	20:13:00	West Lyon	2016	51
21	Tonya Moser	18:08	Holstein	2003	52	Luke Larsen	20:16	Sheldon	2009	52
22	Alyssa Albrecht	18:17	Sibley	2011	53	Gregg Metzger	20:25:00	George	2001	53
23	Megan Bouwman	18:26	BH- Conference	2008	54	Aaron Meiburg	20:35.60	Unity	2019	54
24	Chayla Besonen	19:13	Sioux Center - Conference	2014	55	Henry Rens	20:37:00	West Lyon	2016	55
25	McKenzie Gremis	19:27	Sibley-Conference	2013	56	Aidan Jennings	20:52:13	Sioux Center (Conference)	2021	56
26	Jamie Ball	19:27	Sioux Center - Conference	2006	57	Cole Moser	20:57:14	Sioux Center (Conference)	2021	57
27	Laura Bruggeman	20:20	Sheldon	2002	58	Jose Richarz	21:10.13	Sib-O (Later)	2018	58
28	Kelli Bajema	20:35	Sheldon	2002	59	Micheal Johnson	21:18	George	2005	59
29	Kelsey Warner	20:39	Holstein	2011	60	Jon Peters	21:19	Sheldon	1997	60
30	Caitlin Harkness	20:42	Holstein	2014	61	Ben Hildring	21:27	West Lyon	2001	61
31	Kristin Klarenbeek	20:55	George?-Conference	2009	62	Preston Smidt	21:29	West Lyon	2011	62
32	Brandi Kollis	21:16	Holstein	2011	63	Tyler Bruggeman	21:33:00	George	2003	63
33	Alex Schemmel	21:55	Okoboji	2008	64	Gavin Kruse	21:38.72	South O'Brien	2019	64
34	Alex Kollis	22:36	Okoboji	2009	65	Dan Burwitz	21:43:00	West Lyon	2013	65
					66	Hunter Harkness	21:45:00	Western	2015	66
					67	Randall Yates	22:14	Sioux Center	2000	67
	*All times noted from 1997 to 2001 w/ some additions of 1990 & 1991 teams(missing data from all other years.)				68	Carter Hasselmann	22:18:65	Sioux Center (Conference)	2021	68
					69	Lane TeSlaa	22:22	George	2015	69
	Top 2 Mile Girl Times				70	Tyler Kruse	22:25	Holstein	2009	70

1	Chelsea Bahnson	12:26	Hawarden	1998	71	Nick Serck	23:01	West Lyon	1999	71
2	Ashlee Bahnson	12:38	George	2001	72	Chris Kollis	23:03	Okoboji	2009	72
3	Kelli Kramer	12:38	Okoboji	1997	73	Aiden Snyders	23:28:00	Districts - Unity	2020	73
4	Megan Vanden Bosch	12:55	Holstein	1997	74	Jacob Munger	24:23:00	Okoboji	2009	
5	Patty Ryan	13:05	State (Ames)	1990	75	Ben Underberg	25:20:00	West Lyon	1997	
6	Tracy Childress	13:06	State (Ames)	1990						
7	Lanae VanDerWeerd	13:19	George	2000						
8	Lisa Hein	13:25	Sioux Center	1997						
9	Libby Gerber	13:26	Sheldon	2001						
10	Trixie Moser	13:26	George	1998						
11	Jenny Van Ginkel	13:32	Okoboji	1997						
12	Betsy Van Ginkel	13:32	George	2001						
13	Chelsy Viereck	13:37	Sheldon	2001						
14	Wendi Bajema	13:38	Sioux Center	1997						
15	Karen Hoogendoorn	13:40	George	2001						
16	Andrea Gerber	13:55	Holstein	1997						
17	Evie Kellenberger	14:58	Sioux Center	2000						
18	Sarah Fritsche	15:01	Sioux Center	1998						
19	Sara Gerber	15:08	Holstein	2000						
20	Tonya Moser	15:15	West Sioux	2001						
21	Trela Knoblock	15:36	SC Conference	1998						
22	Jody Brower	16:08	Sioux Center	2000						
23	Liz Kerkvliet	17:00	Okoboji	1999						