Boys	Conference - Individual	Conference - Team	Districts - Individual	Districts - Team	State - Individual	State - Team	Other Info
1986							*Coach Gary Kruse *1st Year of the program
1987							
1988							
1989							
1990			Mark Lee - 3rd	*Team State Qualifiers	Mark Lee - 18th, Aaron Eiesland - 50th, Sean Grotewold - 60th, Saul Hage - 64th, Chris Underberg - 67th, Dave Johnson - 115th, Jeff Kruse - 123rd	Qualified	*Top 4 Teams Qualify
1991				5th - missed qualifying by one place	Mark Lee - finished in top half of 130 runners		*Top 4 Teams Qualify
1992							
1993				Middle of the pack	Todd Lippert - 13th out of 120		
1994		2nd	Todd Lippert - 4th		Todd Lippert - 7th		*Todd Lippert won 7 out of 8 meets this year *New Coach - Tammy Hoppe
1995							*New Coach - Stacy Kolbeck
1996							
1997	Sibley-Ocheyeden: Eric Kerkvliet - 9th - 19:30 Cory Kerkvliet - 10th - 19:37	4th out of 6	Holstein: Top Finisher: Eric Kerkvliet - 11th - 17:34 @ Holstein	13th out of 15			*New Coach - Todd McCallum *Top 12 All-Conference *2A - Top 7 Individuals Qualify for state and Top 3 Teams
1998	Sioux Center (Sandy Hollow): Eric Kerkvliet - 3rd - 17:25, Andrew Scholten - 7th - 17:54	4th out of 6	Hawarden: Andrew Scholten - 6th - 16:48 (Eric Kerkvliet - 9th - 16:58)	9th out of 13	Fort Dodge: Andrew Scholten - 33rd - 16:53		*Top 15 All-Conference *2A - Top 7 Individuals qualify for state and Top 3 Teams
1999	West Lyon (Meadow Acres): Top Finisher: Luke DeVries - 18th - 18: 30		Southern Cal. (Lake City): Top Finisher: Luke DeVries - 30th - 19:21				*Top 15 All-Conference *1A - Top 7 Individuals qualify for state and Top 3 Teams
2000	Boyden Hull: Kevin Myrlie - 12th - 18:56, Jason Ranschau - 15th - 19:02		Holstein: Top Finisher: Kevin Myrlie - 30th - 18:35				*Top 15 All-Conference *1A - Top 7 Individuals qualify for state and Top 3 Teams
2001	George: Kevin Myrlie - 7th - 18:30, Jason Ranschau - 10th - 18:40	4th out of 7	West Sioux: Top Finisher: Kevin Myrlie - 18th - 17:40	9th out of 17			*Top 15 All-Conference *1A - Top 7 Individuals qualify for state and Top 3 Teams
2002	HMS (Sanborn): Kevin Myrlie - 5th - 17:55, Blair Lawton - 13th - 18:54	5th out of 6	West Sioux: Kevin Myrlie - 6th - 16:45	6th out of 17	Fort Dodge (Kennedy Park) 144 Runners : Kevin Myrlie - 56th - 17:34		*Top 15 All-Conference *1A - Top 7 Individuals qualify for state and Top 3 Teams
2003	MOC (Orange City): Blair Lawton - 4th - 17:43, Mark Hoogendoorn - 5th - 17:47, Kevin Myrlie - 12th - 18:15	2nd out of 6 (Highest finish since 1994 {Also 2nd})	Holstein: Blair Lawton - 9th - 16:59, Kevin Myrlie - 10th - 17:05 (Mark Hoogendoorn - 11th - 17:05)	5th out of 15	Fort Dodge (Kennedy Park) 127 Runners: Blair Lawton - 56th - 17:29, Kevin Myrlie - 67th - 17:41		*Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2004	Okoboji (Milford - Woodlyn Hills): Mark Hoogendoorn - 4th - 17:01, Brent Hoogendoorn - 14th - 17:52	5th out of 6	Sheldon: Top Finisher: Mark Hoogendoorn - 16th - 19:07	9th out of 11			*Top 15 All-Conference *2A - Top 10 Individuals qualify for state and Top 3 Teams
2005	Sibley-Ocheyeden: Austin Bruggeman - 11th - 17:35	5th out of 7	Holstein: Top Finisher: Brent Hoogendoorn - 16th - 18:16	8th out of 15			*Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams

2006	Sioux Center (Sandy Hollow): Austin Bruggeman - 6th - 17:41		Holstein: Top Finisher: Austin Bruggemen - 27th - 18:31				*Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2007	West Lyon (Meadow Acres) : Lucas Teunissen - 14th - 16:58		Holstein: Top Finisher: Travis Snyders - 20th - 18:22				*Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2008	Boyden Hull: Top Finisher: Henry Bosler - 17th - 18:24		Holstein: Top Finisher: Henry Bosler - 24th - 18:31				*Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2009	George: Henry Bosler - 8th - 18: 13, Jordan Kerkvliet - 14th - 18:39	6th out of 6	Holstein: Henry Bosler - 5th - 17:58	8th out of 14	Fort Dodge (Kennedy Park): Henry Bosler - 40th - 17:48		*Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2010	MOC: Micah Bajema - 11th - 17: 43, Connor Blom - 15th - 18:19 (Kyle Standley - 16th)	3rd out of 6	Holstein: Jordan Kerkvliet - 8th - 17:15	2nd out of 20	Fort Dodge (Kennedy Park) 128 runners: Jordan Kerkvliet - 35th - 17:41, Micah Bajema - 39th - 17:44, Kyle Standley - 51th - 17:58, Chase Bruggeman - 74th - 18:25, Connor Blom - 106th -19:31, Justin Muilenberg - 114th - 20:04, Christian Bouwman - 125th - 21:33	Qualified - 10th out of 15	*Team Champion @ Hills Beaver Creek Patriot Invitational *Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2011	Okoboji (Milford - Woodlyn Hills): Micah Bajema - 10th - 18:00, Louis Castillo - 11th - 18:02, Chase Bruggeman - 13th - 18:11 (Connor Blom - 16th)	3rd out of 7	Holstein: Micah Bajema - 6th - 17:07, Connor Blom - 8th - 17:09	1st out of 20	Fort Dodge (Kennedy Park) 134 runners: Connor Blom - 18th - 17:03, Micah Bajema - 22nd - 17:07, Louis Castillo - 24th - 17:09, Chase Bruggeman - 29th - 17:12, Kyle Standley - 54th - 17:46, Justin Muilenburg - 116th - 19:11, Thomas Johnson - 124 - 19:29		*Team Champion @ Sibley-Ocheyedan, Sioux Center & District Meet *Team Runner-up @ Iowa State Meet *Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2012	Sheldon: Micah Bajema - 1st - 16: 46, Chase Bruggeman - 9th - 17: 27	4th out of 7	Holstein: Micah Bajema - 3rd - 17:10, Chase Bruggeman - 10th - 17:55	3rd out of 18	Fort Dodge (Kennedy Park): 131 Runners: <b>Micah Bajema - 6th - 16:42</b> , Chase Bruggeman - 27th - 17:16, James Dubblede - 61 - 17:49, Ben Feucht - 74th - 18:46, Christian Bouwman - 110th - 19:00, Thomas Johnson - 121st - 19:32, Nick Bruggeman - 123rd - 19:38	Qualified - 10th out of 15	*Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2013	Sibley-Ocheyeden: Micah Bajema - 3rd - 17:10	5th out of 7	West Sioux: Micah Bajema - 2nd - 18:16	4th out of 16 (Missed by 1 place)	Fort Dodge (Kennedy Park): Micah Bajema - 43rd - 17:49		*Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2014	Sioux Center: Top Finisher: Nick Bruggeman - 20th - 19:11	5th out of 7	Holstein: Top Finisher: Nick Bruggeman - 19th - 18:13	6th out of 17			*Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2015	West Lyon: Grand Falls: Top Finisher: Nick Bruggeman - 20th - 18:39	7th out of 7	West Sioux: Top Finisher: Nick Bruggeman - 39th - 18:51	12th out of 20			*Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2016	Boyden-Hull: Top Finisher: Kalyn Langenhorst - 34th - 19:19	8th out of 8	Holstein: Top Finisher: Kalyn Langenhorst - 26th - 18:12	15th out of 18th			*New Coach: Teresa Kerkvliet *Top 15 All-Conference *1A - Top 10 Individuals qualify for state and Top 3 Teams
2017	George: Top Finisher: Kalyn Langenhorst - 18th - 18:15		Unity: Kalyn Langenhorst - 13th - 17:41	9th out of 12	Fort Dodge (Kennedy Park): 135 Runners: Kalyn Langenhorst - 57th - 17:50		*Top 15 All-Conference *2A - Top 15 Individuals and Top 3 teams qualify for state
2018	Sibley: Kalyn Langenhorst - 13th - 16:53	8th out of 8	Unity: Kalyn Langenhorst - 15th - 17:48	9th out of 13	Fort Dodge (Kennedy Park): 138 Runners: Kalyn Langenhorst - 44th - 17:45.7		*Top 15 All-Conference *2A - Top 15 Individuals and Top 3 teams qualify for state

2019	Sheldon: Kirk Moser - 12th - 17: 27.66	8th out of 8	Unity: Kirk Moser - 9th - 17: 20.98	10th out of 13	Fort Dodge (Kennedy Park): 137 Runners: Kirk Moser - 33rd - 17:20.8	*Top 15 All-Conference *2A - Top 15 Individuals and Top 3 teams qualify for state
2020	Sibley: Kirk Moser - 12th - 17:41:		Unity: Top Finisher: Kirk Moser - 16th - 18:22:1	9th out of 13		*Top 15 All-Conference *2A - Top 15 Individuals and Top 3 teams qualify for state
2021	Sioux Center: Sam Meester - 11th - 17:49:60	7th out of 7	Unity: Top Finisher: Sam Meester - 24th - 18:27:22	12th out of 14		*Top 15 All-Conference *2A - Top 15 Individuals and Top 3 teams qualify for state
	32 All -Conference Runners		16 All- District Runners(State Qualifiers)		1 All-State (Top 10)	7 Individual Meet Champions
	1 Individual Conference Champion		1 Team District Champion		Team State Runner-Up in 2011	3 Regular Season Team Meet Champions
			Team State Qualifiers:1990, 2010, 2011, 2012			
			(Granted meet location & route hasn't changed):		Fastest State Time: Micah Bajema - 2012 - 16:42	
			Fastest District Time (Holstein): 2003 - Blair Lawton - 16:59			
			Fastest District Time (West Sioux): 2002 - Kevin Myrlie - 16:45			
			Fastest District Time (Unity): 2019 -Kirk Moser- 17:20:98			